VTC'S CHURCH Newsletter



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INSIDE THIS ISSUE:

VTC's Who's Who	2
Healthy Living	2
That's Your Business	3
Faye's Creative Taste	4
VTC Auxiliaries	4
Birthdays/Anniversaries	5
B usiness Listings	6

Did You Know?

Shifting to the Gregorian calendar (*The Gregorian calendar was named after King Gregory of England, who ordered the calendar change*), many people refused to give up the old tradition and continued celebrating 1st April as New Year's Day. When the King's order didn't work, he finally issued a royal dictum, stating that those who celebrate 1st April as the New Year's Day would be labeled as fools. Since then, on 1st April, a divinely pronounced and ordained New Year's Day has been labeled Fool's Day.

Providence. "Interesting Facts You Should Know about the Month of APRIL and Origin of April Fool by Gracious Akintayo." Providence News, 2 Apr. 2021, providencenewsonline.com/interesting-facts-you-should-know-about-the-month-of-april-and-origin-of-april-fool-by-gracious-akintayo/. Accessed 27 Mar. 2023.

Spring Colors

When the spring season comes around everyone seems drawn to pastel colors; greens, pinks, and purples. Have you ever wondered about the meaning behind those colors?

- White: This is the shade of innocence, purity, and God's glory.
- Red: This color symbolizes the Lord's passion, sacrifice, and martyrdom.
- Purple: Associated with royalty, purple symbolizes penance, humility, and sorrow for Jesus' suffering in the context of the holiday.
- Pink: This light, sweet shade symbolizes bountiful joy and love.
- Green: Green is the color of growth, hope, and eternal life.
- Yellow or Gold: Like the shining rays of the sun, these Easter colors (yellow or gold) represent pure joy.
- Royal Blue: It symbolizes the birth of Jesus.

VTC's Who's Who, Proverbs 31 Woman



Women in today's society are entrepreneurs, athletes, business owners, leaders, etc. The principal roles of homemakers, mothers, and wives have changed and evolved. The Proverbs woman has a relationship with God first and then the responsibilities of a wife, a mother, and a career woman. The characteristics of the Proverbs 31 woman remain the same.

Tanya Rich embodies all these traits. Tanya is a proud Tar Heel and UNC-Chapel Hill graduate where she met her husband Jamie of 27 years. She has been employed with the State **Government and Wake County Schools** for the past 26 years. She is currently a Recruiter and Safety Coordinator with the Wake County Public School System Transportation Department. She and her family have been members of VTC for a little over a year. She has a passion and desire for helping others. She quotes "When she sees a need, she will work to fulfill that need." Having that passion helped her fit in with our Hospitality Ministry, which she serves faithfully. Tanya says she has a servant's heart and a gift of servitude that comes from her mom. She is motivated to help others in her family and community because it was instilled in her at a young age. She also gets motivation from her favorite scripture, Proverbs 3:5-6.

Tanya is married to Jamie Rich and has two children: Jamison 22 and Taylor 18. Tanya thanks God for her family and church family at VTC. Tanya states "VTC has made me, and my family feel welcome from the moment we began visiting this ministry. I am grateful to worship with people who are so kind and genuine." Tanya is excited about what God has planned for her as she nears retirement in a few years and moves on to the next chapter in her life. The Proverbs 31 Woman, pursuing God in excellence.



Frozen vegetables and fruit can be as nutritious as fresh produce.

True or False

Answer: True



Many fruits and vegetables are frozen right after they have been picked, which makes them as nutritious as fresh produce. Look for varieties that have no added sugars, sodium or saturated fat.

Always consult your doctor before starting a new health or exercise routine.

That's Your Business



Just as in life, also in photography, feelings come from within. They represent attitude and state of mind, they communicate a message. Gabriel Crudup found his purpose in taking pictures. He is a graduate of Shaw University with a degree in Recreation Management, however, his passion for photography started when looking through old photo books with his parents and grandmother. Each book and page came with stories that went along with the visual. He listened to the story, saw the imagery, felt the emotions, and became part of the story. He found interest in event

and lifestyle photography, with the intent to document the times we cherish. After high school, not able to afford his own camera at the time, Gabriel started taking pictures with his iPad and a Nikon camera borrowed from a fellow church member, Karen Singletary, an established photographer herself.

Gabriel remembers specifically on a Wednesday night, November 21, from 8 pm to 4 pm Thursday he slept outside of Best Buy, a consumer electronics store to buy his first Camera. November 22, Gabriel Crudup Photography was born that day!

Gabriel Crudup Photography has been in business for 11 years. He offers various services; solo and family portraits, and events, including weddings, conventions, and sports. Most recently added to his services is a 360 Photo booth.

When not looking through a lens of a camera, Gabriel can be found fishing, working on a DIY project, sports teaching, or traveling and being a husband and a father. Gabriel is married to Sherron Crudup and has 2 children, Gabriel Crudup Jr. (Deuce) 1 year old, Damonte Garner,

15 years old (Godson), and a baby girl on the way in July. Gabriel has been a member of VTC since he was born in 1992. He serves on the Media Team, he is a Sunday School Teacher and a Youth Mentor for VTC's Youth Ministry, F.R.E.E. (Forever Redeemed Everyday Examples). Gabriel wants you to know that, "Small seeds will grow BIG trees. What are you planting? You can choose your impact in the community and in this world. You have a purpose, plant your seed!" Gabriel thanks God for everything He has allowed him to see, be part of and become. "God's timing is always perfect," Gabriel says. The couple struggled for years to have a baby. They celebrated with friends for their pregnancies in public and cried and felt discouraged in private. During the pandemic, not only did God allow them to have a healthy baby boy, but he also allowed them to purchase a house in which to raise him! To add the icing on the cake, God turned around less than two years later and blessed them with another child on the way. To God Be the Glory!"



Faye's Creative Taste Easy Breakfast Casserole

This delicious and filling Breakfast Casserole is made with eggs, cheese and Bacon. Perfect make-ahead breakfast and can easily feed a crowd.



TYRENA FAYE WALTHOUR

1 lb of bacon, 1 med onion chopped

6 eggs beaten

4 cups of frozen potatoes or hash browns

2 cups of sharp cheddar

1 -1/2 cup of cottage cheese

1-1/4 cup of shredded Swiss cheese

Mix everything very well pour in a glass casserole dish

Bake at 350 for 30 to 40 minutes. It will feed at least 6 people. Add salt and pepper to taste.

You can use low fat cheeses, but it does not give it the same taste.



Victory Tabernacle Church Auxiliary Groups functions as Leaders and work diligently to support members in the body of Christ and the Community. VTC has established Auxiliaries that give members the opportunity to volunteer their time and talents as well as actively participate in ongoing activities of the church. These include:

<u>Auxiliary</u>	Auxiliary Leader
Men's Ministry	Elder Jeff Henderson
Women's Ministry	Sebrena Boone
Ministers & Elders	Dr. Elder Johnny Crudu
Mothers & Missionaries	Constance Hunter
Deacons' Board	Calvin Morrison
VTC Youth (F.R.E.E.)	Jonathan & Shavonna Perkins

<u>Auxiliary</u>	<u>Auxiliary Leader</u>
Pastor's Aide	Tonya Marlin
Hospitality	Marion Gatling
Prayer Ministry	Cathy Wilkins
Ushers	April Christie
Sound and Media	Jermaine McGill
S.A.L.T. Ministry	Elder John Woods
Choir	Anitra Ollison

Raymond Greggs	April 1	· NODE
Tonya Marlin	April 2	
Candace Rice	April 3	12. HO 0
Marvin Sanders	April 5	Filhday
Donald Tyre	April 7	- SO 86
Nicole White	April 8	
Tally Chavis	April 9	Augusta Hayward
Chona Johnson	April 13	C. Lamont Blackmon
Brittany Coley	April 14	Trevor Greggs
Harriett West	April 15	Arthur Miller
Erica Cox	April 16	David Saylor
Joshua DeVega	April 17	Iris Triggs
JaQuan DeVega	April 17	
Elder Clarence Mayo	April 20	



Kelly & Marion Gatling April 6

Russell & Cora Gibson April 7

Keyth & Christal Wilson April 10

James & Rhona Carney April 13

White Swayze & Anitra Ollison April 20

Mark & Sholanda Smith April 21

Donald & Katrina Tyre April 26

April 23

April 24

April 24

April 24

April 27

April 30



If you have a story to share, would like to list your business, or have any information you would like to submit for the newsletter, please contact

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Email: Tonyamarlin.vtc@gmail.com

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Name of Business	Owner
The Bougie Wealth Group Financial Counseling and Coaching	Jonathan and Shavonna Perkins Contact: 919-673-3513
Beauty By Deltese Fedora Hats	Sholanda Smith Contact: 919-523-5159
M & S Cleaning Carpet Cleaning	Mark and Sholanda Smith Contact: 919-522-2105
Devine Design and Décor Design and Decorate Events/Parties	Helen Crudup Contact: 919-606-5513
Dezign4u, L.L.C Custom personalizing items	Tracee Harrison Contact: 919-706-9146 Website: dezignz4ubytracee.com
Bling Things Jewelry and Handbags	Marylinn Thorpe Contact : 919-417-9014
Faye's Creative Taste Homemade Goodies of Old Canning	Tyrena Faye Walthour Contact: 919-797-7418
Fine Art America Photos and Acrylic Art	Rona Prescott Contact: Website: https://fineartamerica.com/art/rona+prescott
ML Spa Essentials Soap, bath bombs and bath salt	Rona Prescott
Gabriel Crudup Photography Portraits: Events, Conventions, Sports and a 360 Photo Booth.	Gabriel Crudup Contact: 919-604-8850 Email: Gabrielcrudupphotography@gmail.com
TK Productions Professional Music Entertainment Kinsey Computer Repair Computer Repair, parts and sales	Terrence Kinsey Contact: 252-281-8488 Email: djtkinsey12000@gmail.com